

PREGAME

CALAMARI 14 | 12.60

Tender marinated baby squid fried crispy golden brown with lemon wedge, red onions, and tzatziki sauce.

MERIDIAN CENTRAL NACHOS 17 | 15.30

Fresh fried corn tortillas, smothered in cheddar and mozzarella cheese, fresh tomatoes, green onions and jalapenos; with salsa, and sour cream on the side.

1LB. CHICKEN WINGS 15 | 13.50

Crisp chicken wings tossed in your choice of sauce.

ALOO CHAT 10 | 9

The classic Indian street food dish, fried potato, authentic spices, and chutney served with yogurt dip.

DRY RIBS 11 I 9.90

Tender boneless pork bites, lightly seasoned and served with your choice of dip.

PEPPER PRAWNS 17 | 15.30

Crisp fried jumbo prawns sauteed in butter, ginger, garlic, and black pepper. Served with lemon wedges.

BLACKENED STEAK BITES 18 | 16.20

Tender Alberta sirloin steak flash fried till crispy, tossed in our house made blackening spice; topped with frazzled onions and served with veggies and Ranch dip.

MAPLE BACON Wrapped Smokies

12 | 10.80

Signature dish! Double smoked sausage wrapped in thick bacon, baked until crispy and golden! Finished with Quebec Maple syrup w/French's Yellow Mustard as a dip!





HANDHELDS

BLACKENED CHICKEN SANDWICH

17 | 15.30

Plump, boneless chicken breast coated and then seared in our house blackening spice blend. Served on a brioche bun with mayo, butter leaf lettuce pickles and tomatoes.

BBQ CHICKEN QUESADILLA 12 | 10.80

Grilled flour tortillas stuffed with cheese, onions, salsa, chicken, bbq sauce and peppers. Served with BBQ ranch dressing.

BRAISED BEEF BRISKET BEEF DIP

18 | 16.20

Slow cooked tender Braised Beef served on a fresh hoagie roll with sriracha mayo, crispy onions and Brisket gravy for dipping.

TRIPLE DECKER CLUBHOUSE 15 | 13.50

Smoked turkey breast, crisp bacon, cheddar cheese, mayo, lettuce and tomatoes on your choice of white or whole wheat toast with a dill pickle.

GAME ON GREENS

FIRE GRILLED STEAK & ARUGULA SALAD

22 | 19.80

Marinated grilled steak, baby arugula, grape tomatoes, crumbled goat cheese, toasted walnuts and balsamic herb vinaigrette topped with crispy frazzled onions.

CAESAR SALAD

MEAL 12 | 10.80 STARTER 9 | 8.10

Artisan romaine lettuce tossed with Caesar dressing and topped with thick cut bacon, parmesan cheese and lemon wedge. Served with garlic toast.

GRILLED ASIAN PEAR SALAD 15 | 13.50

Fresh arugula and baby spinach, fire grilled Asian pears, crumbled goat cheese, walnuts with smoked peach vinaigrette.

GREEN GODDESS BOWL 12 | 10.80

Baby spinach, warm jasmine rice, roasted walnuts, chickpeas, sun-dried cranberries, carrots, cucumbers & goddess dressing.

GRILLED JAMAICAN JERK CHICKEN SALAD

18 | 16.20

Butter leaf lettuce, jasmine rice, fire roasted peppers, fresh grilled pineapple, cucumbers, shredded carrots.

EAST MEETS WEST

STIR FRY 17 | 15.30

Shrimp and tender chicken breast, broccoli, red peppers, red onions, mushrooms, green peppers and carrots stir-fried in our house-made teriyaki sauce served on jasmine rice.

VEGETABLE BIRYANI

A mixture of fresh vegetables, herbs, spices, and rice all slow cooked together for sumptuous flavor in every bite served with naan bread.

14 | 12.60

WOR WONTON

BOWL REG 13 | 11.70 LRG 16 | 14.40

Baby shrimp, tender chicken, BBQ pork, suey choy, carrots and broccoli with pork wontons in clear broth.

YANG CHOW FRIED RICE 13 | 11.70

Wok fried rice in soy and sesame oil with baby shrimp, BBQ pork, green onions, and eggs.

PALACE CHICKEN 16 | 14.40

Crispy battered chicken breast with tender peas, water chestnuts, sweet and spicy palace sauce; served with jasmine rice.

FORK & KNIFE

STEAK SANDWICH 22 | 19.80

Charbroiled Alberta NY strip steak topped crispy frizzled onions, and served with grilled garlic onion toast and fries.

VEAL CUTLETS 16 | 14.40

Tender breaded cutlets topped with sautéed mushrooms and beef gravy served with steamed vegetables and red skinned garlic mashed potatoes.

FISH & CHIPS 17 | 15.30

Two pieces of beer battered cod served on a bed of fries with tartar sauce and lemon.

TERIYAKI SALMON 24 I 21.60

Wild BC Salmon, cooked to medium well, marinated in our house Teriyaki sauce, and fire grilled. Served with fresh fruit salsa, jasmine rice, and fresh asparagus.

TERIYAKI CHICKEN 24 | 21.60

A plump boneless skinless double chicken breast, marinated in our house Teriyaki sauce, and fire grilled. Served with fresh fruit salsa, jasmine rice, and fresh asparagus.

BRAISED BEEF BRISKET

15 | 13.50

Our slow braised beef brisket served with jasmine rice and steamed bok choy.

SINGAPORE NOODLES

13 | 11.70

Rice noodles wok fried with curry, baby shrimp, BBQ pork and vegetables, topped with egg and green onions.

THAI CHICKEN & PRAWN CURRY BOWL

20 | 18

Tender chicken breast and juicy shrimp simmered in our Thai curry sauce with mushrooms and peppers served on rice.

CANTONESE CHOW MEIN

16 | 14.40

Crunchy fried golden egg noodles, bok choy, Napa cabbage, peppers, carrots, water chestnuts, tender shrimp, bbg pork and chicken in a thick sauce.

BUTTER CHICKEN

18 | 16.20

Marinated chicken breast stewed in our authentic Indian butter sauce served with steamed rice and naan bread.

BEEF BRISKET NOODLE SOUP 15 | 13.50

Slow braised beef brisket served with bok choy, ginger, scallion and flat rice noodles.

BURGERS

THE MERIDIAN BURGER

16 | 14.40

Signature Item! Two hand formed 5oz pure beef chuck patties topped with caramelized onions, crisp bacon, and cheddar cheese on a toasted brioche bun with all the groceries and our special sauce on the side.

BEYOND BEEF BURGER

14 | 12.60

Plant based juicy burger patty topped with, mayo, crisp lettuce, tomatoes, onions and pickle!

MY WAY BURGER

10 9

Hand formed 5oz pure beef chuck patty, served on a toasted brioche bun with all the groceries.

Make it your way by adding any of the following: Extra patty

3 EACH

Cheddar or Mozza cheese, crisp bacon, sautéed mushrooms, caramelized onions, grilled black forest ham or a fried egg

2 EACH

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