



MERIDIAN CENTRAL

MEET ME AT MERIDIAN CENTRAL!

GOOD FOOD • GOOD CHEER • GOOD TIMES

1420 MERIDIAN ROAD NE • CALGARY, AB



PREGAME

Ask your server for their favorites and get this party started!

MERIDIAN CENTRAL NACHOS

Fresh Fried Corn tortillas, smothered in cheddar and mozzarella cheese, fresh tomatoes, green onions and jalapenos; with salsa, and sour cream on the side.

17 | **15.30**

CHICKEN WINGS

One pound of crisp chicken wings tossed in your choice of sauce.

15 | **13.50**

MAPLE BACON WRAPPED SMOKIES

Signature dish! Double smoked sausage wrapped in thick bacon, baked until crispy and golden! Finished with Quebec Maple syrup w/French's Yellow Mustard as a dip!

12 | **10.80**

CHICKEN TENDERS

Tender buttermilk marinated chicken tenders hand breaded to order in our signature cornflake dredge, fried crispy and served with plum sauce.

12 | **10.80**

VEGGIE SAMOSAS

Crisp fried baby spinach samosa, with authentic Indian spices, served with cucumber dip.

12 | **10.80**

DRY RIBS

Tender boneless pork bites lightly seasoned served with lemon wedges and sweet chili dip.

11 | **9.90**

JALAPENO & CREAM CHEESE WONTONS

Crispy wontons stuffed with cream cheese and jalapenos. Drizzled with Buffalo sauce and served with ranch dressing.

10 | **9**

SPINACH DIP

Warm and creamy three cheese and fresh spinach dip served with crisp veggies, corn chips and naan bread.

15 | **13.50**

CLASSIC CALGARY POUTINE

A pile of our nearly famous fries smothered in rich beef gravy and Quebec cheese curds topped with green onions.

12 | **10.80**

GARDEN POUTINE

Crispy fried root veggies...Beets, Yams and Parsnips topped with peas, sautéed mushrooms, Quebec cheese curds and our beef gravy.

12 | **10.80**

HOT WING POUTINE

Our classic Calgary Poutine topped with spicy buffalo chicken and ranch drizzle!

12 | **10.80**





GAME ON GREENS

Get your game on with these creative soup and salad creations!

MERIDIAN BOWL

Fresh greens, warm basmati rice, corn, tomatoes, chopped dates, feta cheese, chow mein noodles and honey lime vinaigrette.

12 | **10.80**

SPINACH SALAD

Baby spinach topped with shredded cheese, crisp bacon, fresh sliced mushrooms, hard cooked egg, red onion rings with your choice of dressing and garlic toast.

15 | **13.50**

CAESAR SALAD

Artisan romaine lettuce tossed with Caesar dressing and topped with crisp bacon, parmesan cheese and lemon wedges. Served with garlic toast.

MEAL 12 | **10.80**

STARTER 9 | **8.10**

GREEN GODDESS BOWL

Baby spinach, warm basmati rice, roasted candied pecans, chickpeas, sun-dried cranberries, carrots, cucumbers & goddess dressing.

12 | **10.80**

GARDEN SALAD

Crisp iceberg lettuce & broccoli slaw topped with, cherry tomatoes, cucumber, shredded carrots and red onion rings served with your choice of dressing.

MEAL 10 | **8**

STARTER 7 | **6.30**

FIRE GRILLED STEAK & ARUGULA SALAD

Marinated grilled steak, lemon Arugula, grape tomatoes, crumbled goat cheese, candied pecans and balsamic herb vinaigrette topped with crispy frazzled onions.

20 | **18**





EAST MEETS WEST

Celebrate the flavors of home!

STIR FRY

Shrimp and tender chicken breast, broccoli, red peppers, red onions, mushrooms, celery, snow peas and carrots stir-fried in our house-made teriyaki sauce served on jasmine rice.

17 | **15.30**

WOR WONTON BOWL

Shrimp, chicken, BBQ pork, with suey choy, carrots and broccoli with shrimp and pork wontons in a chicken broth.

REGULAR 11 | **9.90** LARGE 15 | **13.50**

BEEF BRISKET NOODLE SOUP

Slow braised beef brisket served with bok choy, ginger, scallion and flat rice noodles.

14 | **12.60**

YANG CHOW FRIED RICE

Wok fried rice in soy and sesame oil with baby shrimp, BBQ pork, green onions, and eggs.

12 | **10.80**

BRAISED BEEF BRISKET

Our slow braised beef brisket served with jasmine rice and steamed bok choy.

14 | **12.60**

SINGAPORE NOODLES

Rice Noodles wok fried with curry, baby shrimp, BBQ pork and vegetables, topped with egg and green onions.

12 | **10.80**

PALACE CHICKEN

Crispy battered chicken breast with tender peas, water chestnuts, sweet and spicy palace sauce; served with jasmine rice.

15 | **13.50**

MONGOLIAN BEEF

Tender sliced beef steak, fresh broccoli and green onions sautéed in our hoisin brown sauce, served with jasmine rice.

15 | **13.50**

BUTTER CHICKEN

Marinated chicken breast stewed in our authentic Indian butter sauce served with steamed rice and naan bread.

17 | **15.30**

CHICKEN BIRYANI

A mixture of tender chicken, herbs, spices and basmati rice all slow cooked together for sumptuous flavor in every bite.

15 | **13.50**

TANDOORI CHICKEN

Slow roasted chicken drums marinated in yogurt and authentic Indian spices; served with basmati rice and naan.

15 | **13.50**

YELLOW LENTIL DHAL

Vegetarian dish loaded with lentils, garlic, ginger spinach, carrots and authentic spices served with basmati rice and naan.

15 | **13.50**

PEPPER PRAWNS

Jumbo prawns sautéed in butter with ginger, garlic and black pepper. Garnished with green onion and served with basmati rice and naan.

19 | **17.10**

CHILI CHICKEN

Crispy battered chicken breast served in a sweet and spicy chili sauce with peppers and onions. served with basmati rice and naan.

15 | **13.50**



HANDHELDS

All served with our soon-to-be-famous Meridian fries, unless otherwise noted.

SRIRACHA CHICKEN SANDWICH

Crispy hand breaded chicken tenders, topped with bacon and cheddar cheese; served on a toasted brioche bun with lettuce, tomato and sriracha mayo.

16 | 14.40

ALBERTA AAA BEEF DIP

Shaved AAA Alberta Sirloin Beef served on a fresh Italian roll with horseradish mayo and Au-jus for dipping.

15 | 13.50

TRIPLE DECKER CLUBHOUSE

Smoked turkey breast, crisp bacon, cheddar cheese, mayo, lettuce and tomatoes on your choice of white or whole wheat toast with a dill pickle.

15 | 13.50

THE MERIDIAN BURGER

Signature Item! Two hand formed 5oz pure beef chuck patties topped with caramelized onions, crisp bacon and cheddar cheese on a toasted brioche bun with all the groceries and our special sauce on the side.

16 | 14.40

BEYOND BEEF BURGER

Plant based juicy Burger patty topped with, mayo, crisp lettuce, tomatoes, onions and pickle!

14 | 12.60

MY WAY BURGER

Hand formed 5oz pure beef chuck patty, served on a toasted brioche bun with all the groceries.

10 | 9

Make it your way by adding any of the following: Extra patty \$3 each, cheddar or provolone cheese, crisp bacon, sautéed mushrooms, caramelized onions, fresh avocado, grilled black forest ham or a fried egg \$2 each.



FORK & KNIFE

Tried-and-true classics.

STEAK SANDWICH

6oz charbroiled Sterling Silver Flatiron steak topped with crispy frazzled onions, and served with Focaccia Garlic Toast, arugula and fries.

21 | 18.90

VEAL CUTLETS

Tender breaded cutlets topped with sautéed mushrooms and beef gravy served with steamed vegetables and red skinned garlic mashed potatoes.

15 | 13.50

FISH & CHIPS

Two pieces of beer battered cod served on a bed of fries with tartar sauce and lemon.

16 | 14.40

BRAISED BEEF SHORT RIBS

Slow roasted fall off the bone beef short ribs, served with root vegetables and red skinned garlic mashed potatoes.

24 | 21.60



DESSERTS

TIRAMISU

Coffee-soaked ladyfingers with a delicate fresh mascarpone cream and dusted with cocoa powder.

9 | 8.10

STICKY TOFFEE PUDDING

A cluster of sweet dates inside a moist spiced cake topped with delicious homemade caramel served warm with vanilla ice cream.

9 | 8.10

WARM APPLE CRUMBLE WITH CARMEL VANILLA ICE CREAM

Crisp granny smith apples, cinnamon and brown sugar, baked with an oat topping served warm with vanilla ice cream and caramel sauce.

8 | 7.20

ALL DAY BREAKFAST

After all, it is the most important meal of the day!

DEALER'S OMELET

A Fluffy three egg & cheese omelet with smashed browns and toast. \$1 each additional filling: ham, bacon, sausage, green onions, tomatoes, spinach or mushrooms

10 | 9

TWO EGG BREAKFAST

Two eggs any style, your choice of Bacon, ham or sausage, smashed browns and toast.

10 | 9

STEAK & EGGS

6oz Sterling Silver Flat Iron Steak, served with two eggs any style, toast and smashed browns.

20 | 18



BEVERAGES

PEPSI FOUNTAIN DRINKS

3.25 | 2.93

HOT & FRESH BREWED COFFEE

3.25 | 2.93

BOTTLED WATER

3.25 | 2.93

PURE
REWARDS

Members receive 10% off
regular priced menu items.

Regular Price | **PURE Price**

*Present your PURE Rewards 10% discount voucher to your server for your discount. Vouchers can be printed from any Pure Rewards kiosk. Discount may only be applied to regular priced menu items. Cannot be combined with other promotional offers or specials.