



MERIDIAN
CENTRAL

MEET ME AT MERIDIAN CENTRAL!

GOOD FOOD • GOOD CHEER • GOOD TIMES

PREGAME

ASK YOUR SERVER FOR THEIR FAVORITES AND GET THIS PARTY STARTED!



GARLIC PARMESAN CHEESE CURDS

Served with a rustic marinara dipping sauce

8 | **7.20**

CHICKEN WINGS

One pound of crisp chicken wings tossed in your choice of sauce. Choose Teriyaki, Buffalo, BBQ, Jerk or Honey Garlic. Ranch on the side.

14 | **12.60**

PEPPERONI PRETZEL PULL-APART

Baked Bavarian pretzel pieces topped with cheese sauce, pepperoni, and parmesan cheese. Served with a rustic marinara dipping sauce.

10 | **9**

MAPLE-BACON WRAPPED SMOKIES

A Meridian signature dish! Double-smoked sausage wrapped in thick bacon and baked until crispy golden. Finished with Quebec maple syrup. Served with French's yellow mustard dip.

10 | **9**



CHICKEN TENDERS

Tender buttermilk-marinated chicken tenders, hand-breaded to order in our signature cornflake dredge and fried crispy. Served with a plum sauce.

12 | **10.80**

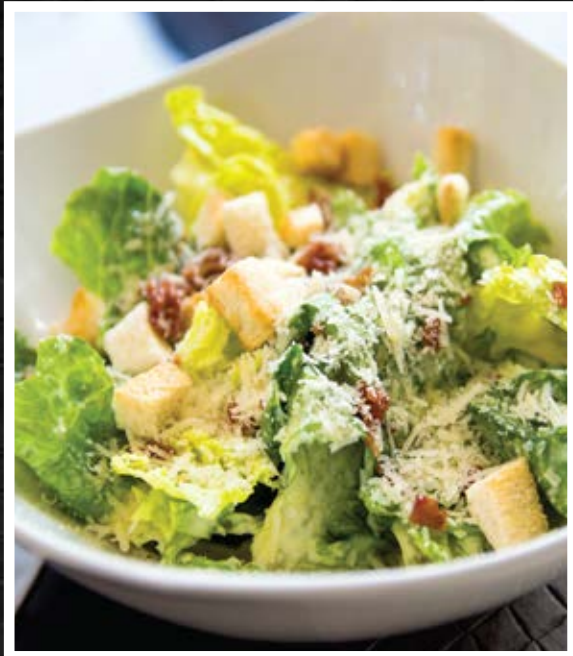
ALL IN NACHOS

Flash fried corn tortillas, smothered in cheddar, mozzarella and adobe cheese sauce, green onions and fresh jalapenos; with salsa, sour cream on top & house-made guacamole on side.

17 | **15.30**

GAME ON GREENS

GET YOUR GAME ON WITH THESE CREATIVE SOUP AND SALAD CREATIONS



MERIDIAN GARDEN SALAD

Crisp iceberg lettuce, broccoli slaw topped with grape tomatoes, cucumber, shredded carrots and red onion. Served with your choice of dressing.

Small 5 | **4.50** Regular 8 | **7.20**

CAESAR SALAD

Artisan romaine lettuce topped with bacon, parmesan cheese, croutons, Caesar dressing and lemon.

12 | **10.80**

TODAY'S SOUP

From the creative minds of our talented brigade, made fresh daily. Cup 4.50 | **4.05** Bowl 6 | **5.40**

FIRE GRILLED STEAK & ARUGULA SALAD

Marinated grilled steak, lemon arugula, grape tomatoes, crumbled goat cheese, candied walnuts and balsamic herb vinaigrette, topped with crispy, frazzled onions.

19 | **17.10**



TACO SALAD

Flour tortilla bowl filled with crisp iceberg lettuce, broccoli slaw, mixed cheeses, grape tomatoes, green onion & pea shoots all tossed in BBQ ranch dressing and topped with sour cream and salsa. Choice of Cajun chicken or Beef Chili.

13 | **11.70**



HOISIN CHICKEN LETTUCE WRAPS

Tender hoisin chicken, broccoli slaw and crispy noodles. Topped with cucumber dressing, shredded carrots & pea shoots. Served with a wedge of crisp iceberg lettuce.

13 | **11.70**



MERIDIAN
CENTRAL

EAST MEETS WEST

CELEBRATE THE FLAVORS OF HOME

BUTTER CHICKEN

A Meridian favorite! Marinated chicken stewed in our authentic Indian butter sauce & served with steamed rice & naan bread.

15 | **13.50**



BEEF BRISKET NOODLE SOUP

Slow braised beef brisket with bok choy, ginger, scallion & flat rice noodles.

14 | **12.60**

BRAISED BEEF BRISKET

Our slow braised beef brisket served with jasmine rice and steamed bok choy.

13 | **11.70**

KARAHI PANEER

Crispy fried Paneer cheese, red peppers, green peppers, onions stewed in tomato gravy with jasmine rice & naan bread.

13 | **11.70**



SINGAPORE NOODLES

Rice noodles, wok fried with curry, baby shrimp, BBQ pork and fresh vegetables.

12 | **10.80**

YANG CHOW FRIED RICE

Wok fried rice with soy and sesame oil, baby shrimp, BBQ pork, green onion, egg.

12 | **10.80**

SHRIMP & CHICKEN STIR FRY

Shrimp and tender chicken breast, broccoli, red peppers, red onions, mushrooms, celery, snow peas and carrots stir-fried in our house-made teriyaki sauce served on jasmine rice. Topped with crispy noodles.

17 | **15.30**

WOR WONTON BOWL

A Meridian favorite! Shrimp, chicken, BBQ pork with suey choy, carrots, broccoli along with shrimp/pork wontons in a hearty broth.

Regular 11 | **10.00** Large 15 | **13.50**

BRAISED BEEF SHORT RIBS

Slow roasted fall-off-the-bone beef short ribs, served with vegetables & red skinned garlic mashed potatoes.

22 | **20**



BURGERS & SANDWICHES

ALL SERVED WITH OUR SOON-TO-BE-FAMOUS MERIDIAN FRIES UNLESS NOTED.



BEYOND BURGER

Lettuce, tomato, onion & pickle on brioche roll with Hellman's Best.
14 | **12.60**

SRIRACHA CHICKEN SANDWICH

Crispy hand breaded chicken tenders, topped with bacon and American cheese; served on a toasted brioche bun with lettuce, tomato and sriracha mayo.

16 | **14.50**

SHAVED BEEF SANDWICH

AAA Alberta Beef on Italian hoagie roll served as a French Dip with horseradish mayo and au jus or a Philly Cheesesteak with grilled onions, American cheese and banana peppers.

15 | **13.50**

TRIPLE DECKER CLUBHOUSE

Smoked turkey breast, crisp bacon, cheddar cheese, mayo, lettuce and tomatoes on your choice of white or whole wheat toast with a dill pickle.

14 | **12.60**



THE MERIDIAN BURGER

Two hand formed 5oz pure beef chuck patties topped with caramelized onions, crisp bacon and cheddar cheese on a toasted brioche bun with all the groceries and special sauce.

16 | **14.50**

MY WAY BURGER

Hand formed 5oz pure beef chuck patty, served on a toasted brioche bun with all the groceries. Make it your way by adding any of the following: Extra patty (\$5), cheddar or provolone cheese (\$2), crisp bacon (\$2), sautéed mushrooms, caramelized onions, fresh avocado (\$1), grilled black forest ham or a fried egg (\$2).

Single 10 | **9**

Double 13 | **11.70**

F&K

OUR TRIED & TRUE FORK AND KNIFE PLATES. DIG IN!

FISH & CHIPS

Two pieces of beer battered cod served on a bed of fries with tartar sauce and lemon.

15 | **13.50**

VEAL CUTLETS

Tender breaded cutlets topped with sautéed mushrooms and beef gravy served with steamed vegetables and red skinned garlic mashed potatoes.

13 | **11.70**

STEAK SANDWICH

6oz charbroiled Sterling Silver Flatiron steak topped with crispy frazzled onions, and served with Focaccia Garlic Toast, arugula and fries.

19 | **17.10**

GRILLED CITRUS SALMON

Pacific wild flame roasted salmon served on a bed of sautéed maple roasted butternut squash, kale and caramelized onions with citrus beurre blanc sauce.

20 | **18**

10oz CENTER CUT NY STRIP

Grilled to your preference, served with garlic red skinned mashed potatoes, sautéed mushrooms and garlic toast.

29 | **26.10**



**MERIDIAN
CENTRAL**

ALL DAY BREAKFAST

AFTER ALL, IT IS THE MOST IMPORTANT MEAL OF THE DAY!



TWO EGGS, ANY STYLE

Two eggs, any style, hash browns, toast, bacon, sausage or black forest ham.

9 | **8.10**

STEAK AND EGGS

6oz sterling silver flat iron steak, served with two eggs any style, toast and crispy hashbrowns.

19 | **17.10**

DEALER'S CHEDDAR OMELET

Three egg omelet, hash browns, toast.

\$1 Each: Ham, onion, bacon, mushrooms, tomato, green peppers

10 | **9**

DESSERTS

APPLE CRUMBLE

Crisp Granny Smith apples, cinnamon and brown sugar baked with an oat topping and served warm with vanilla ice cream and caramel sauce.

8 | **7.20**

CHOCOLATE CHERRY CHEESECAKE

NY style baked cheesecake with graham crumb crust and topped with homemade fudge topping, sweet cherries and whipped cream.

9 | **8.10**

CHOCOLATE BROWNIE WITH ICE CREAM

Baked fresh daily! Served warm, chocolate chip fudge brownies with vanilla ice cream and caramel drizzle.

8 | **7.20**

BEVERAGES

PEPSI FOUNTAIN DRINKS

3.25 | **2.93**

HOT COFFEE & TEA

3.25 | **2.93**

BOTTLED WATER

3.25 | **2.93**

ICED TEA

3.25 | **2.93**

PURE
REWARDS

Members receive 10% off regular priced menu items.

Regular Price | **PURE Price**

*Present your PURE Rewards 10% discount voucher to your server for your discount. Vouchers can be printed from any Pure Rewards kiosk. Discount may only be applied to regular priced menu items. Cannot be combined with other promotional offers or specials.



OPENING SOON

LIVE EVENTS, GAMES & LOTS OF FUN!

1420 MERIDIAN ROAD NE • CALGARY, AB