

PREGAME

DEEP FRIED WONTONS 12

Pork and veggie stuffed wontons served with sweet chili sauce.

VEGGIE PAKORA **V** 12

Crispy fried chickpea battered cauliflower and onions, served with tamarind chutney and mint chutney.

WOK FRIED GYOZA 14

Delicate Japanese dumplings, filled with pork and chicken, wok fried golden brown, served with savory soy and sesame oil dipping sauce.

CHICKEN TENDERS 16

Plump chicken fillets served with plum sauce, fries and coleslaw.

TEMPURA YAMS **V** 17

Sweet yam slices lightly coated in delicate tempura batter, fried to golden perfection. Served with a tangy dipping sauce, cucumber and onion rata.

CHICKEN WINGS **GF** 18

Crisp chicken wings tossed in your choice of sauce: Hot, BBQ, Salt & Pepper, Honey Garlic, Sweet & Sour, Sweet Chili, Chipotle, Teriyaki, Blackened. Served with veggies and ranch dip.

BUTTER CHICKEN WINGS 18

Crisp chicken wings tossed in our house butter sauce, served with steamed rice, pickled red onions and green onions.

PEPPER PRAWNS **GF** 18

Crisp fried jumbo prawns sautéed in butter, ginger, garlic, and black pepper with fresh lemon wedges.

GAME ON GREENS

CAESAR SALAD MEAL 14 | STARTER 12

Artisan romaine lettuce tossed with Caesar dressing with thick cut bacon, parmesan cheese and lemon wedge. Served with garlic toast.

CHEF'S GARDEN SALAD **GF** **V** MEAL 14 | STARTER 12

Crisp greens, cabbage, carrots, cherry tomatoes, avocado, cucumber, pickled red onions, shredded cheese, and hard-boiled eggs with your choice of dressing.

FIRE GRILLED STEAK & ARUGULA SALAD 29

Alberta AAA 7oz NY West Coast Cut strip steak, baby arugula, grape tomatoes, crumbled goat cheese, toasted walnuts and balsamic herb vinaigrette topped with crispy frazzled onions.

HANDHELDS & CLASSICS

BLACKENED CHICKEN SANDWICH 19

Plump, boneless chicken breast coated and then seared in our house blackening spice blend. Served on a brioche bun with mayo, lettuce, tomatoes, and a pickle.

TRIPLE DECKER CLUBHOUSE 16

Roast turkey breast, crisp bacon, cheddar cheese, mayo, lettuce, and tomatoes on your choice of white or whole wheat toast with a dill pickle.

THE MERIDIAN BURGER 23

Signature Item! Two 5oz beef chuck patties topped with caramelized onions, crisp bacon, and cheddar cheese on a toasted brioche bun with all the groceries.

MY WAY BURGER 14

5oz beef chuck patty, served on a toasted brioche bun with all the groceries. Make it your way by adding any of the following:

- Substitute beef with a grilled chicken breast **5**
- Extra beef patty **5 EACH**
- Cheddar cheese, crisp bacon, sautéed mushrooms, caramelized onions, grilled black forest ham, fresh avocado or a fried egg **2 EACH**

STEAK SANDWICH 29

Alberta AAA 7oz NY West Coast Cut strip steak topped with onion tanglers and served on garlic toast with fries.

VEAL CUTLETS 19

Tender breaded cutlets topped with sautéed mushrooms and beef gravy served with seasonal vegetables and Yukon gold mashed potatoes.

BLACKENED SALMON BOWL 25

Wild salmon fillet grilled medium well with our house blackening spice, served on top of Mexican rice with roasted tomatoes, asparagus, tender corn, arugula and green onions. Finished with creamy yogurt, lime and cucumber Tzatziki.



**Members Receive
10% Off!**

Regular Priced Menu Items

Present your PURE Rewards 10% discount voucher to your server for your discount. Vouchers can be printed from any Pure Rewards kiosk. Discount may only be applied to regular priced menu items. Cannot be combined with other promotional offers or specials. Asian Express items are excluded.

GF Gluten Friendly

V Vegetarian

ALL DAY BREAKFAST

BREAKFAST SPECIAL (TIL 11AM) 6.99

Two eggs any style, your choice of bacon, ham or sausage, smashed browns, toast, and coffee!

TWO EGG BREAKFAST 11

Two eggs any style, your choice of bacon, ham or sausage, smashed browns, and toast.

DEALERS OMELET 10

Fluffy three egg & cheese omelet with smashed browns and toast.

Additional Fillings: Ham, bacon, sausage, green onions, tomatoes, spinach, or mushrooms. 2 EACH

STEAK AND EGGS 29

Alberta AAA 7oz NY West Coast Cut strip steak, served with two eggs any style, toast and smashed browns.

ASIAN EXPRESS

BBQ PORK & EGG FRIED RICE BOWL 12.88

蔥油叉燒煎蛋飯

With green onions, baby bok choy and steamed rice.

BLACK PEPPER CHICKEN 17.88

香煎鸡扒黃油飯

Crispy grilled, marinated chicken thigh with egg fried rice, steamed veggies and house black pepper sauce.

BEEF AND BLACK PEPPER STIR FRY 18.88

黑椒牛柳粒

Juicy diced sirloin, onions, mushrooms and peppers seasoned with oyster sauce and loads of black pepper served with steamed rice.

CONGEE 8.88

海鮮/鸡粥(油条)

Chicken or Seafood Congee, garnished with peanuts and green onions, with warm Chinese Donuts.

HONG KONG FRENCH TOAST 8.88

港式(雪糕)西多士

Thick brioche bread, with peanut butter filling, egg dipped and fried golden brown, served with butter and maple syrup.

Add Ice Cream and strawberry sauce. 2.00

SPECIAL HOUSE FRIED NOODLES 8.88

家鄉炒米

Rice noodles wok fried with red peppers, carrots, bean sprouts, green onion, egg and BBQ pork in a dark soy and sesame sauce.

ORANGE GINGER BEEF 14.88

香橙牛柳絲

Tender marinated beef strips stir fried with onions and peppers finished in orange ginger sauce and toasted sesame seeds, served with rice.

EAST MEETS WEST

WOR WONTON BOWL GF REG 13 | LRG 20

Shrimp, chicken, BBQ pork suey choy, carrots and broccoli with pork & veggie wontons in a chicken broth.

BEEF BRISKET NOODLE SOUP GF 17

Slow braised beef brisket served with bok choy, green onions and choice of thin or thick rice noodles.

YANG CHOW FRIED RICE 14

Wok fried rice with egg, peas, carrots, shrimp, BBQ pork and green onions.

BRAISED BEEF BRISKET GF 17

Our slow braised beef brisket with jasmine rice and steamed Bok Choy.

SINGAPORE NOODLES 14

Rice noodles wok fried with curry, baby shrimp, BBQ pork, peppers and onions, topped with egg and green onions.

BUTTER CHICKEN 22

Marinated chicken breast stewed in our authentic Indian butter sauce served with steamed rice and naan bread.

Vegetarian Option:

Substitute our Crispy Marinated Tofu V

BONELESS CURRY CHICKEN 22

Boneless chicken thighs, slow braised in our house curry sauce, with rice and cucumber onion rata.

DESSERTS

CHEESECAKE 9

Manhattan style cheesecake with graham cookie crumb crust; served with strawberry or chocolate sauce and whipped cream.

LEMON MERINGUE PIE 8

Tangy lemon filling topped with fluffy merengue in a flaky pastry crust.

APPLE OR STRAWBERRY RHUBARB PIE 9

Served warm with vanilla bean ice cream.

WARM CINNAMON SUGAR DONUTS 9

Four mini yeast ring donuts fried fresh and tossed in cinnamon sugar, with a scoop of vanilla bean ice cream on top.

CARROT CAKE 8

Traditional spiced carrot cake, smothered in rich cream cheese icing, loaded with pineapple, walnuts and carrots, with white chocolate drizzle and toasted almonds.

BLACK VELVET CAKE 9

Rich chocolate brownies layered with creamy white chocolate filling, topped with moist chocolate cake on a chocolate cookie crust, finished with fudge icing.

DESSERT SPECIAL 8

Please ask your server for this week's selection.