

## PREGAME

- DEEP FRIED WONTONS** 14  
Pork-filled wontons served with sweet chili sauce.
- WOK FRIED GYOZA** 14  
Golden-brown dumplings filled with pork and chicken. Served with soy and sesame oil dipping sauce.
- CHICKEN TENDERS** 18  
Plump chicken fillets with plum sauce, fries and coleslaw.
- CHICKEN WINGS** 🌿 18  
Crisp chicken wings tossed in your choice of sauce. Served with veggies and ranch dip. Flavors: Hot, Salt & Pepper, BBQ, Honey Garlic, Hoisin, Blackened, Sweet Chili, Plain
- BONELESS GARLIC DRY RIBS** 12  
Lightly seasoned pork bites served with pickled and green onions and plum sauce.
- PEPPER PRAWNS** 🌿 19  
Crisp fried jumbo prawns sautéed in butter, ginger, garlic, and black pepper. Served with fresh lemon wedges.

## GAME ON GREENS

- GARDEN SALAD** MEAL 15 | STARTER 12 | SMALL 6  
Crisp greens topped with shredded cheese, carrots, cucumbers, red onions, and tomatoes, choice of dressing.
- CAESAR SALAD** MEAL 16 | STARTER 14 | SMALL 6  
Artisan Romaine lettuce tossed with Caesar dressing, bacon, garlic croutons, Parmesan cheese, and a lemon wedge. Served with garlic toast.
- FIRE GRILLED STEAK & ARUGULA SALAD** 37  
7oz Alberta AAA NY West Coast Cut Strip Steak, baby arugula, grape tomatoes, crumbled goat cheese, toasted walnuts and balsamic herb vinaigrette topped with crispy frazzled onions.
- BLACKENED CHICKEN CAESAR** 🔥 24  
Artisan romaine tossed in Caesar dressing with chopped bacon, garlic croutons, Parmesan cheese, and a lemon wedge, topped with a full breast of house-blackened grilled chicken. Served with garlic toast.

## ALL DAY BREAKFAST

- ALL DAY BREAKFAST** 11  
Two eggs any style, your choice of bacon, ham or sausage, with smashed browns, and toast.
- DEALERS OMELET** 10  
Three-egg & cheese omelet with smashed browns and toast.  
Additional Fillings: Ham, bacon, sausage, green onions, tomatoes, or mushrooms. 2 EACH
- STEAK AND EGGS** 33  
Alberta AAA 7oz NY West Coast Cut strip steak, served with two eggs any style, toast and smashed browns.

## HANDHELDS & CLASSICS

- BLACKENED CHICKEN SANDWICH** 🔥 19  
Seared boneless chicken breast coated in our house blackening spice blend with mayo, lettuce, tomatoes, pickles on a brioche bun.
- TRIPLE DECKER CLUBHOUSE** 17  
Roasted turkey breast, crisp bacon, cheddar, mayo, lettuce, tomatoes on white or whole wheat toast, served with dill pickles.
- THE MERIDIAN BURGER** 24  
Signature Item! Two 5oz beef chuck patties topped with caramelized onions, crisp bacon, cheddar, on a toasted brioche bun with lettuce, tomatoes, pickles, and mayo.
- MY WAY BURGER** 15  
5oz beef chuck patty on a toasted brioche bun with lettuce, tomatoes, onions, pickles, and mayo.
- Substitute chicken breast 5
  - Extra beef patty 5 EACH
  - Cheddar cheese, crisp bacon, a fried egg, sautéed mushrooms, caramelized onions, grilled black forest ham, or fresh avocado 2 EACH
- STEAK SANDWICH** 33  
7oz Alberta AAA NY West Coast Cut Strip with onion tangles, garlic toast, and fries.
- VEAL CUTLETS** 19  
Tender breaded veal with sautéed mushrooms and beef gravy, served with seasonal vegetables and Yukon gold mashed potatoes.
- BLACKENED SALMON BOWL** 🔥 25  
Wild BC blackened salmon, cooked medium-well, served with coconut rice, arugula, and fresh pineapple-jalapeño jelly compote.

### Pick Your Side:

Fries • Mashed Potatoes • Smashed Browns  
Side Garden Salad • Vegetable of the Day  
Cup of Soup • Yam Fries: \$3 • Side Caesar Salad: \$2

**PURE**  
REWARDS

**Members Receive**  
**10% Off!**

**Regular Priced Menu Items**

Present your PURE Rewards 10% discount voucher to your server for your discount. Vouchers can be printed from any Pure Rewards kiosk. Discount may only be applied to regular priced menu items. Cannot be combined with other promotional offers or specials.

## CHEF'S SPECIALS

### SPECIAL HOUSE

#### FRIED NOODLES 家鄉炒米

Rice noodles with wok fried red peppers, carrots, bean sprouts, green onion, BBQ pork in a dark soy and sesame sauce.

Add a fried egg for \$2.

### ASIAN STYLE

#### CHICKEN WINGS 蒜香鸡翼

Crispy chicken wings tossed in a savory-sweet soy glaze, finished with sesame seeds and mint.

### HONG KONG STYLE

#### WONTON NOODLE SOUP 港式雲吞麵

Delicate pork wontons in a clear, aromatic broth with thin rice noodles, finished with scallions and fragrant sesame oil.

Add thick rice noodles for \$2.

#### VEGETABLE FRIED RICE 招牌炒飯

Perfectly seasoned rice stir-fried with crisp tofu, fresh seasonal vegetables, subtle spices, and aromatic oils.

#### VEGETABLE PAKORA

Crispy chickpea-battered cauliflower and onions, fried golden and served with mint chutney.

#### VEGETABLE SAMOSA

Crispy pastry filled with savory potatoes, carrots, lentils, peas, onion, cilantro, and garlic, served with sweet chili and mint chutney.

#### CHICKEN BIRYANI

Succulent pieces of marinated chicken and long-grain basmati rice infused with saffron, rose water, and hand-ground spices, slow-cooked to perfection.

#### TANDOORI CHICKEN TACOS

Tandoori-marinated chicken served on soft flour tortillas with cabbage, cilantro, mint sauce, pickled onions, fresh jalapeños, and lime crema.

#### PANEER MALI KOFTA

Delicate paneer and potato dumplings, lightly fried and simmered in a saffron-infused cashew and tomato cream sauce, finished with subtle spices.

Add naan bread for \$3.

#### CONGEE AND DONUTS 粥配油条

Classic chicken or seafood congee, garnished with peanuts and green onions, served with warm Chinese donuts.

#### FRUIT TARTS 鮮果蛋撻

Crisp, buttery tart shells filled with light vanilla pastry cream and topped with seasonal fruit.

#### CHILI CRISP SHRIMP WITH RICE

辣椒酥油虾菜莉香米饭 

Plump shrimp glazed in house chili crisp and savory soy notes, layered with gentle heat and umami, served over jasmine rice.

 Gluten Friendly  Vegetarian  Spicy

## FAST MEETS WEST

#### WOR WONTON BOWL

16

Shrimp, chicken, and BBQ pork with suey choy, carrots, and broccoli, served in a savory chicken broth with fresh pork wontons. Add rice noodles for \$2

#### BEEF BRISKET NOODLE SOUP

18

Slow braised beef brisket with bok choy, green onions and choice of thin or thick rice noodles.

#### YANG CHOW FRIED RICE

14

Wok-fried rice with egg, peas, carrots, shrimp, BBQ pork and green onions.

#### BRAISED BEEF BRISKET

18

Slow braised beef brisket with jasmine rice and steamed bok choy.

#### SINGAPORE NOODLES

14

Rice noodles wok-fried with curry, baby shrimp, BBQ pork, pepper, onions, topped with egg and green onions.

#### BUTTER CHICKEN

22

Marinated chicken breast stewed in our authentic Indian butter sauce served with steamed rice and naan bread.

Vegetarian Option: Substitute Crispy Marinated Tofu 

#### BLACK PEPPER CHICKEN

18

Crispy grilled marinated chicken thigh, egg fried rice, steamed vegetables and house black pepper sauce.

#### FISH BALL & DRIED SEAWEED

#### HO FAN IN SOUP 紫菜鱼蛋鱼片汤河

14

Thick flat rice noodles served in a savory broth, topped with tender fish balls and delicate strands of dried seaweed.

#### STIR FRY

20

Choice of AAA Alberta sirloin, shrimp, or chicken breast stir-fried with onions, mushrooms, peppers, and suey choy in black pepper sauce, with thick rice noodles or jasmine rice.

## DESSERTS

#### CHEESECAKE

9

Manhattan-style cheesecake with graham cookie crust, served with strawberries and whipped cream.

#### LEMON MERINGUE PIE

8

Tangy lemon filling with fluffy meringue in flaky pastry crust.

#### STRAWBERRY RHUBARB OR APPLE PIE

8

Your choice served warm with vanilla bean ice cream.

#### WARM CINNAMON SUGAR DONUTS

8

Four mini yeast ring donuts fried fresh and tossed in cinnamon sugar, topped with vanilla bean ice cream.

#### CARROT CAKE

9

Classic spiced carrot cake loaded with pineapple, walnuts, and carrots topped with rich cream cheese icing, white chocolate drizzle, and toasted almonds.

#### CHOCOLATE CHEESECAKE

9

Rich chocolate NY style cheesecake on a chocolate cookie crust, finished with fudge icing.

#### DESSERT SPECIAL

8

Ask your server for the weekly selection.