



# MERIDIAN CENTRAL

## PREGAME

### DEEP FRIED WONTONS 12

Pork and veggie stuffed wontons served with sweet chili sauce.

### VEGGIE PAKORA **V** 12

Crispy fried chickpea battered cauliflower and onions. Served with tamarind chutney and mint chutney.

### CORN ON THE COB RIBS **GF V** 12

Fresh corn on the cob "ribs" fried crisp, finished with house blackened spice with lime aioli.

### CHICKEN WINGS **GF** 18

Crisp chicken wings tossed in your choice of sauce served with veggies and ranch dip.

### VEGGIE SPRING ROLLS **GF V** 13

Mini spring rolls stuffed with fresh veggies and served with plum sauce.

### CHICKEN TENDERS 16

Plump chicken fillets served with plum sauce fries and coleslaw.

### PEPPER PRAWNS **GF** 19

Crisp fried jumbo prawns sauteed in butter, ginger, garlic, and black pepper with fresh lemon wedges.

### DRY RIBS 12

Tender boneless pork bites lightly seasoned garnished with green onions and sweet chili dip.

### FRIED MACARONI AND CHEESE BITES **V** 15

Elbow macaroni and a blend of four cheeses in a light crispy breading, tossed with fresh parmesan cheese, with buffalo ranch dip.

## GAME ON GREENS

### FIRE GRILLED STEAK & ARUGULA SALAD 19

6oz sirloin steak, baby arugula, grape tomatoes, crumbled goat cheese, toasted walnuts and balsamic herb vinaigrette topped with crispy frazzled onions.

Upgrade to 8oz NY Steak 8

### CAESAR SALAD **GF V** MEAL 13 | STARTER 10

Artisan romaine lettuce tossed with Caesar dressing and topped with thick cut bacon, parmesan cheese and lemon wedge. Served with garlic toast.

### WATERMELON & FETA BOWL **GF V** 13

Sweet, diced watermelon, crisp cucumber, crumbled feta, argula and walnuts, with balsamic vinegar reduction.

### TERIYAKI SALMON BOWL 22

Grilled salmon fillet finished in sweet teriyaki sauce, served on top of jasmine rice with fresh cucumber, carrot matchsticks, pineapple, bean sprouts and melon topped wonton crisps.

## HANDHELDS

### BLACKENED CHICKEN SANDWICH **GF** 19

Plump, boneless chicken breast coated and then seared in our house blackening spice blend. Served on a brioche bun with mayo, lettuce, tomatoes, and a pickle.

### BBQ CHICKEN QUESADILLA 14

Grilled flour tortillas stuffed with cheese, green onions and BBQ chicken. Served with salsa and sour cream.

### TRIPLE DECKER CLUBHOUSE 15

Roast turkey breast, crisp bacon, cheddar cheese, mayo, lettuce, and tomatoes on your choice of white or whole wheat toast with a dill pickle.

### THE MERIDIAN BURGER 19

Signature Item! Two 5oz beef chuck patties topped with caramelized onions, crisp bacon, and cheddar cheese on a toasted brioche bun with all the groceries.

### MY WAY BURGER 12

5oz beef chuck patty, served on a toasted brioche bun with all the groceries. Make it your way by adding any of the following:

- Full chicken grilled breast \$5
- Extra beef patty \$3 EACH
- Cheddar or Swiss cheese, crisp bacon, sautéed mushrooms, caramelized onions, grilled black forest ham or a fried egg \$2 EACH

# PURE REWARDS

**Members Receive 10% Off!**

Regular Priced Menu Items

Present your PURE Rewards 10% discount voucher to your server for your discount. Vouchers can be printed from any Pure Rewards kiosk. Discount may only be applied to regular priced menu items. Cannot be combined with other promotional offers or specials. Asian Express items are excluded.

## FORK & KNIFE

### STEAK SANDWICH 19

Charbroiled Alberta AAA 6oz Center Cut Top Sirloin topped with onion tangles and served with onion garlic toast and fries.

Upgrade to 8oz NY Steak 8

### FETTUCCHINI ALFREDO <sup>V</sup> 24

With your choice of blackened chicken breast, Cajun shrimp, or primavera, finished with fresh pea shoots, parmesan cheese and garlic toast.

### VEAL CUTLETS 18

Tender breaded cutlets topped with sautéed mushrooms and beef gravy served with seasonal vegetables and red skinned garlic mashed potatoes.

### FISH & CHIPS 18

Two pieces of battered haddock served on a bed of fries with tartar sauce, coleslaw, and lemon.

## EAST MEETS WEST

### WOR WONTON BOWL <sup>GF</sup> REG 13 | LRG 19

Shrimp, chicken, BBQ pork, with suey choy, carrots and broccoli with pork & veggie wontons in a chicken broth.

### BEEF BRISKET NOODLE SOUP 16

Slow braised beef brisket served with Bok choy, ginger, green onions and flat rice noodles.

### YANG CHOW FRIED RICE 13

Wok fried rice in soy and sesame oil with, peas, carrots, shrimp, BBQ pork, green onions, and eggs.

### BRAISED BEEF BRISKET 16

Our slow braised beef brisket served with jasmine rice and steamed Bok Choy.

### SINGAPORE NOODLES <sup>GF</sup> 13

Rice noodles wok fried with curry, baby shrimp, BBQ pork and vegetables, topped with egg and green onions.

### BUTTER CHICKEN 18

Marinated chicken breast stewed in our authentic Indian butter sauce served with steamed rice and naan bread.

### KARAAGE FRIED CHICKEN BOWL <sup>GF</sup> 16

Marinated crispy fried chicken seasoned with nori dust, green apple coleslaw, fried corn, pickled onions and grilled lime aioli.

## ASIAN EXPRESS

### BLACK PEPPER CHICKEN 16.88

Crispy chicken thighs, served with egg fried rice and steamed veggies with black pepper sauce on the side.

### SCALLOP FRIED RICE WITH XO SAUCE 10.88

Tender wok seared baby scallops, egg, and green onions with crispy fried garlic.

### SHRIMP WITH BLACK BEAN SAUCE <sup>GF</sup> 18.88

Served with steamed rice and bok choy.

### DELUXE FRIED NOODLES 8.88

Your choice of BBQ pork, chicken breast or shrimp, instant noodles, bok choy, garlic and green onions stir fried in dark soy and sesame sauce.

### CONGEE <sup>GF</sup> 8.88

Chicken or seafood congee, garnished with peanuts and green onions. Served with warm Chinese donuts.

### CRISPY NOODLES <sup>V</sup> 8.88

Egg noodles, carrots, bean sprouts, green onions stir fried in soy sauce and sesame oil.

### SPECIAL HOUSE FRIED NOODLES 8.88

Rice noodles wok fried with red peppers, carrots, bean sprouts, green onion, egg and BBQ pork in a dark soy and sesame sauce.

## ALL DAY BREAKFAST

### TWO EGG BREAKFAST 10

Two eggs any style, your choice of bacon, ham or sausage, smashed browns, and toast.

### DEALERS OMELET 10

A fluffy three egg & cheese omelet with smashed browns and toast.

Additional Fillings: Ham, bacon, sausage, green onions, tomatoes, spinach, or mushrooms. 1 EACH

### STEAK AND EGGS 20

6oz Alberta top sirloin steak, served with two eggs any style, toast and smashed browns.

## DESSERTS

### CHEESECAKE 9

Manhattan style cheesecake with graham cookie crumb crust; served with fruit or chocolate sauce and whipped cream.

### SALTED CARAMEL PRETZEL BROWNIE WITH ICE CREAM 9

Warm fudge brownie with short bread crust topped with crunchy pretzel pieces, caramel, chocolate sauce and vanilla bean ice cream.

### WARM APPLE CRUMBLE WITH ICE CREAM 9

Caramelized granny smith apples with a brown betty crumble topping served warm with French vanilla ice cream and caramel sauce.

<sup>GF</sup> Gluten Friendly

<sup>V</sup> Vegetarian